# Quick Access Screening Colonoscopy Program

Comprehensive Digestive Institute of Nevada integrates a proactive, comprehensive approach to digestive health and its related disease conditions with proven medical expertise, using cutting-edge, comprehensive services, highly advanced procedures, and personalized therapies to give our patients the best quality of digestive care.

Our patients are encouraged to partner with us in their medical care. Together, we will continually work hard towards your best digestive health.

www.nevadagastro.com





Comprehensive Digestive Institute of Nevada

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### Quick Access Program

Everyone has a risk of developing colorectal cancer. It affects an equal number of men and women. Colorectal cancer is the 2nd leading cause of cancer deaths in the U.S. Annually, more than 56,000 people die from this devastating cancer each year. However, colorectal cancer is highly preventable with screening colonoscopy. The evidence is clear that screening for colorectal cancer saves lives. Beginning at age 50, all men and women should be screened for colorectal cancer EVEN IF THEY ARE EXPERIENCING NO PROBLEMS OR SYMPTOMS.

Our Quick Access Program enables healthy patients to schedule a screening colonoscopy with our Board Certified Gastroenterology Physicians without the initial pre-operative consultation. Not only does Quick Access save patients time and money, it also helps ensure that individuals schedule this life saving procedure. The following are some of the advantages to our program:

- Bypassing the inconvenience of scheduling an initial office visit
- Saving expense of initial copay
- Increasing the number of patients pursuing colorectal cancer screening

### Colonoscopy

Colonoscopy is the "gold standard" for colorectal cancer screening. Colonoscopy is almost always done on an outpatient basis. A mild sedative is usually given before the procedure and then a flexible, slender tube is inserted into the rectum to look inside the colon. The test is safe and the procedure itself typically takes less than 30 minutes. Throughout the procedure, you will be under anesthesia and not experience any discomfort or pain. This preventative technique is highly effective in stopping the progression of polyps to colorectal cancer. It is also used to diagnose causes of abdominal pain, diarrhea, changes in bowel habits, or blood in the stool, among other issues.

#### Pre-Screening Call:

About 1 week prior to your screening colonoscopy, you will receive an important call from the surgery center where the colonoscopy is performed. During this call, the nurse will collect your medical history, answer any questions that you may have and determine which preparation is right for you. It is extremely important to follow the preparation instructions step-by-step. Please have your list of medications available, so when a staff member calls you, proper instruction can be provided. It is also very important that the preparation for the colonoscopy be completed and carried out according to the instructions.

While Quick Access is a great and time-saving option for many patients, it is not appropriate for everyone. Patients with medical conditions such as coronary artery disease, emphysema, severe asthma, kidney disease, stroke, diabetes or obesity may not be good candidates for Quick Access. If you have one of these conditions, you will likely need to undergo a traditional pre-screening consultation with one of our physicians prior to your procedure. Additionally, taking certain prescription medications such as blood thinners may prevent you from undergoing this expedited route.

### Day of Colonoscopy

- Bring your insurance card and photo ID.
- Do not wear contact lenses.
- Be sure to have an adult present to accompany you home. Due to effects from sedation, you will not be able to drive yourself home afterward.
- The gastroenterology physician who will perform your procedure will meet you, take a history and perform a physical examination, and explain the risks and benefits of the procedure.

#### Criteria for Screening Colonoscopy

- Anyone 50 years-old or above without a history of colorectal cancer in their family, OR anyone 40 years-old or above with a history of colon cancer in their family.
- No rectal bleeding
- No abdominal pain
- No changes in bowel habits

Patients who meet these criteria usually do not have to pay co-pays and deductibles and can be referred directly to the surgery center.

### Contact Us

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