

Comprehensive Digestive Institute of Nevada offers some of the most advanced diagnostic techniques and treatments for a wide variety of gastroenterological conditions which includes Hydrogen Breath Testing. One of the only gastroenterology groups in Southern Nevada to offer this advanced testing, we have found amazing results that are extremely helpful in diagnosing patients with vague and unexplained symptoms; some that have been experienced for years. The various breath tests we offer are described below:

Lactulose Breath Test

All humans carry some bacteria in intestine. Sometimes the population of these bacteria is more than normal (small intestine bacterial overgrowth-SIBO) so it gives patients various symptoms such as bloating, abdominal pain and cramping, diarrhea, or constipation.

The bacteria in the small bowel ferments carbohydrates and produces gases, which can explain feeling bloated.

A simple breath test can help to diagnose SIBO.

Lactose Intolerance Breath Test

If a patient has diarrhea that occurs frequently after consuming milk or milk products, there is possibility of lactose intolerance. It means the body does not have the proper enzyme to digest the sugar component of milk. Gastroenterology Associates helps to confirm if lactose intolerance is the culprit of the diarrhea with a Lactose Intolerance Breath Test.

The procedure is very simple:

After drinking a lactose containing beverages, patient will blow into a machine. The milk sugar is supposed to be digested by the body. If not, the bacteria in the small intestine will be fermented and produce hydrogen gas. It will be shown as a positive result in the patient's breath test.

Fructose Intolerance Breath Test

Patients with frequent bloating, cramping and diarrhea after taking food containing fructose (a form of sugar) may be fructose Intolerant. In order to confirm this diagnosis, Comprehensive Digestive Institute of Nevada has the ability to perform a Fructose Intolerance Breath Test while you are here in our office.

This test will confirm the patient's inability to digest "Fructose," which is the sugar found in onions, artichokes, pears and wheat. It also can be found in many drinks.

A simple outpatient breath test can help diagnose fructose intolerance.

Our center utilizes a multidisciplinary team approach to your healthcare, which means that patients benefit from the combined expertise of physicians who have the knowledge, perspective and experience to address all aspects of your complete gastroenterological care.